



THE HULL & EAST RIDING KARATE ACADEMY

Certificate of Achievement 2016

Sporting Excellence in Karate

National Level

Rosie Carr

This is to certify that Rosie Carr has achieved the standard of Sporting Excellence in Competition Sport Karate in both Kata and Kumite. Rosie competed at the highest level of British Karate in 2016 winning the medals and titles listed below:-

Championship Success - 1 Gold 1 Silver 3 Bronze

English National Kyu Grade Championships - 17th January, Sheffield

Bronze - Team Kumite

Bronze - Team Kata

Shindo Kai Junior Championships - 13th March, Barnsley

Gold - Individual Kumite

Silver - Individual Kata

Shindo Kai National Championships - 20th November, Barnsley

Bronze - Individual Kumite

Congratulations on your outstanding sporting achievements throughout 2016. These performances and results have made you one of the top karate athletes in the country in your age group. Well done Rosie.

Sensei Wayne Clarke 3rd Dan

Head Coach - The Hull & East Riding Karate Academy



British
Karate
Federation



The Hull & East Riding Karate Academy is a member of the Shindo Kai Karate Association, an association in the English Karate Federation National Governing Body and member of the British Karate Federation.